

ST. MARY'S CATHOLIC SCHOOL LUNCH MENU

OCTOBER 2015

Harvest of the Month

Radish



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

KEY



May contain Pork

Vegetarian Option

Hormone Free Milk available with every meal.
Peanut Safe Menu



ALLERGY ALERT:

Parents of Children with allergies are advised to review the menu with your child to assure safe menu selections.

Questions

Contact Cheryl Peil
262-781-3030 ext. 1148

Additional Items included daily w/ every meal:
Fresh Fruit, Side Salad, and Whole Grain Bread

1

1. Chicken Rings
2. Corn Dog

Whole Grain Dinner Roll
Corn
Baked Vegetarian Beans
Apple Slices

2

1. Bosco Sticks
2. Cheeseburger on a Bun

Sweet Potato Waffle Fries
Green Beans
Pineapple Tidbits
Sherbet

5

1. Mini Pancakes w/ Sausage Links
2. Jumbo Cheese Ravioli w/ Breadstick

Breaded Green Beans
Broccoli Bits
Pears

6

1. Multi-Cheese French Bread Pizza
2. Chicken Parmesan on a Bun

Garden Salad w/ Dressing
Pasta Vegetable Blend
Mandarin Oranges

7

1. Mini Corn Dogs
2. Homemade Chili w/ Goldfish Crackers

Onion Rings
Carrot Coins
Banana
Sherbet

8

1. Chicken Nuggets
2. Game Day Nachos

Rice
Refried Beans
Corn
Peaches

9

No School-Teacher In-Service

12

No School-Teacher In-service

13

1. Pepperoni Deep Dish Pizza
2. Picture-Perfect Pasta Bake

Breadstick
Spinach Salad w/ Dressing
Tuscan Blend Vegetables
Pineapple Tidbits

14

1. Hot Dog on a Bun
2. "Say Cheese" Quesadilla

Tater Tots
Baked Vegetarian Beans
Assorted Fresh Fruit
Sherbet

15

1. Chicken Tenders
2. Baked Potato w/ Toppings

Whole Grain Dinner Roll
Broccoli w/ Cheese Sauce
Celery Sticks
Peaches

16

1. Cheese Pizza Bites
2. Selfie Sloppy Joe on a Bun

Breaded Green Beans
Baby Carrots
Mandarin Oranges



National School Lunch Week- October 12th-16th "School Lunch Snapshot". Take snapshot of your favorite school lunch this week!

19



1. Waffle Sticks w/ Sausage Links
2. Macaroni and Cheese

Tiger Fries
Green Peas
Pears

20

1. Cheese Pizza
2. Walking Taco

Garden Salad w/ Dressing
California Blend Vegetables
Pineapple Tidbits

21

1. Grilled Cheese Sandwich
2. Chicken Tender Wrap

Tomato Soup
Green Beans
Applesauce
Pudding Cup

22

1. Chicken Rings

Whole Grain Dinner Roll
Mashed Potatoes
Corn
Mandarin Oranges

23

1. Grilled Chicken Patty on a Bun

Sweet Potato Fries
Baked Vegetarian Beans
Peaches

26

1. Pancakes w/ Cheese Omelet
2. Rib-B-Que Sandwich

Potato Wedges
Broccoli Bits
Pears

27

1. Deep Dish Cheese Pizza
2. Fiesta Bread Bowl

Celery Sticks
Carrot Coins
Warm Cinnamon Apple Slices

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28

1. Spaghetti w/ Meat Sauce
2. Oriental Chicken Salad

Garlic Bread
Tuscan Blend Vegetables
Relishes w/ Dip
Kiwi Halves

29

1. Popcorn Chicken
2. Salisbury Steak w/ Gravy

Whole Grain Dinner Roll
Mashed Potatoes
Corn
Orange Wedges

30

1. Cheeseburger Sliders
2. Breaded Chicken Patty on a Bun

Tiger Puffs
Baked Vegetarian Beans
Mixed Berries
Sherbet