

Grade: 2nd
Subject area: Physical Education

Insert Category here		Q1	Q2	Q3	Q4
Movement Education					
	Skip	D	P		
	Gallop	D	P		
	Run	D	P		
	Hop	D	P		
	Jump	D	P		
	Slide	D	P		
	Leap	D	P		
	Pathways	D	P		
	Levels	D	P		
	Speeds	D	P		
	Directions	D	P		
	Force	D	P		
	Flow	D	P		
	Shapes	D	P		
	Body shapes	D	P		
	Bend	D	P		
	Twist	D	P		
	Sway	D	P		
	Identify body parts	D	P		
	Personal space	D	P		
	General space	D	P		
	Body awareness	D	P		
	Spatial awareness	D	P		
	laterality	D	P		
	Right and left handedness	D	P		
	Movement songs	D	P		
Scoops					
	Catching		D		
	Overhand throwing		D		
	Underhand throwing		D		
Parachute					
	Dome activities			D	
	Shake the rag			D	
	Popcorn			D	
	Under the chute			D	
	Mushroom activities			D	
	Circular activities			D	
Ball Skills					
	Rolling the ball	P			
	Bouncing and catching	P			
	Toss and catch	D			
	Kicking a ball	D			
	Dribbling a ball with hands	D			
	Overhand throwing	D			
	Underhand throwing	P			
	Striking ball with bat	D			
	Striking ball with paddle	D			
	Beanbag activities	D	D		
	scooters	D	D		

I: Introduced D: Developing P: Proficient

Insert Category here	Q1	Q2	Q3	Q4
Cooperative games				
Pilot to tower	I	D	D	
Run bunnies run	I	D	D	
Roller ball	I	D	D	
Pin knockdown	I	D	D	
Turtle tag	I	D	D	
Tumbling stunts				
Log rolling			P	
Line walking			P	
Side roll			P	
Leapfrog			P	
Bear walk			P	
Gorilla walk			P	
One-leg balance stand			P	
Balance beam			D	
Forward roll			D	
Backward roll			D	
Tip-up			D	
Headstand			I	
Cartwheels			I	
Seat balance			D	
V-sit			D	
Jump turns			D	
Heel clicks			D	
Jump rope				
Line jumping			D	
Rocking			D	
Forward jump double bounce			I	
Forward right foot double			I	
Forward left foot double			I	
Backward jump double jump			I	
Backward right foot double			I	
Backward left foot double			I	
Forward jump single bounce			I	
Forward right foot single			I	
Forward left foot single			I	
Backward jump single bounce			I	
Backward right foot single			I	
Forward left foot single			I	
Backward jump single bounce			I	
backward right foot single			I	
Backward left foot single			I	
Jog in place			I	
Front kicks			I	
Crossies			I	
Single rope swing			I	
Front straddles			I	
Crossies left			I	
Pillow Puff				
Dribbling			I	
Passing			I	
Shooting goals			I	
Grip and carrying stick			I	
Dodging			I	
Partner passing			I	

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Insert Category here		Q1	Q2	Q3	Q4
Soccer					
	Kick ball with inside of foot				
	Kick ball with outside of foot				
	Punt ball with top of foot				
	Pass ball to a partner				
	Foot trap				
	Knee trap				
	Dribble ball				
	Goalkeeping				
	Keep away				
Football					
	Forward pass				
	Centering				
	Catching				
	Punting ball				
	Place kicking				
	Carrying the ball				
	Pass ball				
Basketball					
	Catching				
	Passing				
	Dribbling				
Frisbee					
	Backhand throw				
	Sandwich catch				
	Underhand throw				
	Sidearm throw				
Softball					
	Hitting off tee				
	Overhand throw				
	Underhand throw				
	Catching thrown ball				
	Catching fly ball				
	Catching grounders				
	Batting				
	Baserunning				
Volleyball					
	Underhand Serving				
	Keep it up				
	One bounce volleyball				
	Setting				
Playground games					
	Hop scotch				
	kickball				
	Four square				
	Rollerball				
Hoop activities					
	Roll hoops forward				
	Roll hoops backwards				
	Spin hoops				
	Swing hoops arm				
	Swing hoops leg				

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